

5/8/2024

CURRICULUM VITAE

NAME: Alexander Sangor Strauss BIRTH DATE: 3/13/79
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EDUCATION, TRAINING AND EMPLOYMENTUNDERGRADUATE:

1997-2001 **Duke University** BS, Psychology, May 2001
Durham, NC

MEDICAL SCHOOL:

2001-2005 **Feinberg School of Medicine** MD, May 2005
Northwestern University
Chicago, IL

POST GRADUATE:

7/2005-6/2008 **Resident Adult Psychiatry** *Program Director:*
Western Psychiatric Institute & Clinic Michael Travis, M.D.
University of Pittsburgh Medical Center
Pittsburgh, PA

7/2008- 6/2010 **Fellow Child & Adolescent Psychiatry** *Program Director:*
Western Psychiatric Institute & Clinic Abigail Schlesinger, M.D.
University of Pittsburgh Medical Center
Pittsburgh, PA

EMPLOYMENT

10/2018-present	Consulting Sport Psychiatrist Temple University Athletics Philadelphia, PA	
1/2012-present	Partner –Adult, Child and Adolescent Psychiatrist Centra, P.C Marlton, NJ and Philadelphia, PA	
7/2010-12/2011	Associate –Adult, Child and Adolescent Psychiatrist Centra, P.C Marlton, NJ and Philadelphia, PA	
7/2010-10/2011	Staff Physician On Call University of Medicine and Dentistry New Jersey UMDNJ School of Osteopathic Medicine Cherry Hill, NJ	<i>Department Chair:</i> Geetha Kumar, M.D.

CERTIFICATION AND LICENSUREMEDICAL LICENSURE

2010-present	CDS License	New Jersey
2010-present	DEA License	New Jersey
2009-present	MD License	New Jersey
2018-present	MD License	Pennsylvania
2018-present	DEA License	Pennsylvania

CERTIFICATION

2019	Certificate of Additional Training in Sports Psychiatry International Society for Sports Psychiatry (ISSP)
2011-current	Board-Certified Child and Adolescent Psychiatry by the ABPN
2010-current	Board-Certified Psychiatry by the American Board of Psychiatry and Neurology (ABPN)

HONORS / PRESENTATIONSHONORS

- 2024 **Top Docs for Kids**
SJ Magazine March 2024
- 2023 **Top Docs for Kids**
SJ Magazine March 2023
- 2022 **Top Docs for Kids**
SJ Magazine March 2022
- 2021 **Top Docs Patient Poll**
SJ Magazine Sept 2021
- 2020 **Top Docs for Kids**
SJ Magazine March 2020
- 2019 **Top Docs for Kids**
SJ Magazine March 2019
- 2018-current **Member, Expert Advisory Panel**
New Jersey Psychiatric Association
Expert on Brain Injury, Sports Psychiatry, Psychotherapy, Child & Adolescent
- 2018 **Top Docs**
SJ Magazine September 2018
- 2018 **Top Docs for Kids**
SJ Magazine March 2018
- 2017 **Top Docs**
SJ Magazine September 2017
- 2017 **Top Physicians**
South Jersey Magazine August 2017
- 2017 **Top Docs for Kids**
SJ Magazine March 2017
- 2017 **Outstanding Service Award**
Regional Council of Child and Adolescent Psychiatry
- 2016 **Top Docs**
SJ Magazine September 2016

HONORS (continued)

- 2016 **Top Docs for Kids**
SJ Magazine March 2016
- 2015 **Distinguished Fellow (DFAACAP)**
American Academy of Child and Adolescent Psychiatry
- 2015 **Top Docs for Kids – SJ Readers Pick**
SJ Magazine March 2015
- 2014 **Fellow (FAPA)**
American Psychiatric Association
- 2010 **Outstanding Child Teaching Resident**
Western Psychiatric Institute and Clinic
- 2009-2010 **Academic Psychiatry Journal**
Manuscript reviewer

APPOINTMENTS

- 2014-current **Clinical Assistant Professor**
Department of Psychiatry at Rutgers Robert Wood Johnson Medical School

PRESENTATIONS

- 2024 **Psychopharmacology Update Friday May 3rd, 2024**
Presentation to the South Jersey Psychological Association
- 2024 **Sport Psychiatry: The Impact of Mental Health on Athletes, Injury and Recovery**
Grand Rounds Wednesday April 17th, 2024
Presented to psychiatrists, therapists and other health professionals
- 2023 **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management Workshop Wednesday October 25th, 2023**
American Academy of Child & Adolescent Psychiatry 70th Annual Meeting
Co-Presenter with Chair Jeffrey E. Max, MD and Raymond Pan, MD
- 2023 **Sport Related Concussion and Mental Illness**
Grand Rounds Friday February 17th, 2023
Presented to St. Luke's University Health Network on Sport Psychiatry and Concussion

PRESENTATIONS (continued)

- 2022 **Training Institute Child Psychiatry and Mental Health
Lecture Monday December 12th, 2022**
Presented to 150+ Child Study Team clinicians from around the state of New Jersey
- 2022 **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management
Workshop Friday October 22nd, 2022**
American Academy of Child & Adolescent Psychiatry 69th Annual Meeting
Co-Presenter with Chair Jeffrey E. Max, MD and Raymond Pan, MD
- 2022 **Sports Psychiatry: Challenges Faced By Bullied, Disabled and Transgender Student
Athletes. Clinical Case Conference October 20th, 2022**
American Academy of Child & Adolescent Psychiatry 69th Annual Meeting
Co-Presenters: Carla Edwards, MD and Aaron Jeckell, MD
- 2022 **Sports Related Concussion & Mental Illness August 31st, 2022**
Jersey Shore University Medical Center Grand Rounds
Speaker
- 2022 **Sport Psychiatry: The Impact of Mental Health on Injury and Recovery
January 26th, 2022**
American Physical Therapy Association New Jersey
Speaker
- 2021 **Sports Related Concussion and Mental Illness December 14th, 2021**
Rutgers New Jersey Medical School Dept. of Psychiatry Grand Rounds Speaker
- 2021 **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management
Workshop Friday October 29th, 2021**
American Academy of Child & Adolescent Psychiatry 68th Annual Meeting
Co-Presenter with Chair Jeffrey E. Max, MD
- 2021 **Sports Related Concussion and Mental Illness
Speaker Series June 8th, 2021**
New Jersey Psychiatric Association
Speaker
- 2021 **The Psychiatric Aspects of Sports Related Concussion and Mild Traumatic Brain Injury
November 5th, 2020**
Advanced Recovery Systems
Speaker

PRESENTATIONS (continued)

- 2020 **Sports Psychiatry in Youth: Experiences and Challenges
Special Interest Group Saturday October 24th, 2020**
American Academy of Child & Adolescent Psychiatry 67th Annual Meeting
Co-Presenter with Raymond Pan, MD
- 2020 **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management
Workshop Friday October 23rd, 2020**
American Academy of Child & Adolescent Psychiatry 67th Annual Meeting
Co-Presenter with Chair Jeffrey E. Max, MD
- 2020 **Sports Medicine Grand Rounds at Cooper University Hospital May 12th, 2020**
Sports Related Concussion and Mental Illness
Speaker
- 2019 **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management
Workshop 19 Thursday October 17th, 2019**
American Academy of Child & Adolescent Psychiatry 66th Annual Meeting
Co-Presenter with Chair Jeffrey E. Max, MD
- 2018 **Starting a Private Practice Workshop Friday October 26th, 2018**
American Academy of Child & Adolescent Psychiatry 64th Annual Meeting
Chair of the workshop on private practice
- 2017 **We can See It Coming! Clinical Management of Violent Youth In The World of
Outpatient Child and Adolescent Psychiatry Clinical Case Conference 8 Wednesday
October 25th, 2017**
American Academy of Child & Adolescent Psychiatry 64th Annual Meeting
Chair of the clinical case conference on violent youth
- 2017 **Starting a Private Practice Workshop 16 Thursday October 26th, 2017**
American Academy of Child & Adolescent Psychiatry 64th Annual Meeting
Chair of the workshop on private practice
- 2017 **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management
Workshop 20 Thursday October 26th, 2017**
American Academy of Child & Adolescent Psychiatry 64th Annual Meeting
Co-Presenter with Chair Jeffrey E. Max, MD
- 2016 **Starting a Private Practice Workshop 6 Wednesday October 26th, 2016**
American Academy of Child & Adolescent Psychiatry 63rd Annual Meeting
Chair of the workshop on private practice

PRESENTATIONS (continued)

- 2016 **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management Workshop 42 Saturday October 29th, 2016**
American Academy of Child & Adolescent Psychiatry 63rd Annual Meeting
Co-Presenter with Chair Jeffrey E. Max, MD
- 2015 **Starting a Private Practice Workshop 48 Saturday October 31st, 2015**
American Academy of Child & Adolescent Psychiatry 62nd Annual Meeting
Chair of the workshop on private practice
- 2015 **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management Workshop 43 Saturday October 31st, 2015**
American Academy of Child & Adolescent Psychiatry 62nd Annual Meeting
Co-Presenter with Chair Jeffrey E. Max, MD
- 2015 **Sports Psychiatry Special Interest Study Group 15 Friday October 30th, 2015**
American Academy of Child & Adolescent Psychiatry 62nd Annual Meeting
Chair of the Special Interest Group on Sports Psychiatry and Sports-Related Concussion
- 2015 **Psychiatric Treatment of the Concussed Athlete January 11th, 2014**
The Eastern Athletic Trainers' Association 2015 Convention
Lectured on the mental health and treatment following concussion
- 2014 **Starting a Private Practice Workshop 29 October 24th, 2014**
American Academy of Child & Adolescent Psychiatry 61st Annual Meeting
Chair of the workshop on private practice
- 2014 **Concussion, Sports and Psychiatry Wednesday October 22nd, 2014**
American Academy of Child & Adolescent Psychiatry 61st Annual Meeting
Presented as a part of On and Off the Field: The Role of Sports in Child, Adolescent and Young Adult Development. Clinical Perspectives.
- 2014 **Treatment of the Psychiatric Component of a Concussion June 7th, 2014**
Rothman Institute at Jefferson Sports Medicine Symposium
Presented Breakout Session 1 to athletic trainers and physical therapists
- 2013 **Keys to Private Practice Workshop 29 October 25th, 2013**
American Academy of Child & Adolescent Psychiatry 60th Annual Meeting
Co-leader of the workshop on private practice
- 2013 **Mild Traumatic Brain Injury (Concussion) September 28th, 2013**
Neuropsychiatric Complications and Treatment Options
Child and Adolescent Psychotherapy and Psychopharmacology (CAPP) Conference
Regional Council of Child and Adolescent Psychiatry
Presented to psychiatrists on post-concussive syndrome and treatment options

PRESENTATIONS (continued)

- 2013 **Psychopharmacology Update April 26th, 2013**
Presentation to the South Jersey Psychological Association
- 2012 **Successful Transitions to Practice Member Service Forum 6 October 26th, 2012**
American Academy of Child & Adolescent Psychiatry 59th Annual Meeting
Presented on the topic of private practice
- 2012 **Keys to Private Practice Workshop #5 October 24th, 2012**
American Academy of Child & Adolescent Psychiatry 59th Annual Meeting
Co-leader of the workshop on private practice
- 2012 **Preschool Bullying September 4th, 2012**
M’Kor Shalom in Cherry Hill, NJ
Presented on preschool behavior, normal development from birth to age 5, warning signs of problem behavior and techniques to address concerns
- 2012 **NAMI NJ Educating the Educator Presentation June 28th, 2012**
NJ DFC School in Cherry Hill
Presented on psychiatric disorders, diagnosis and treatment options
- 2012 **Bullying and Teasing – No Laughing Matter May 1st, 2012**
Virtua’s Child Development Center
Presented on preschool behavior, normal development from birth to age 5, warning signs of problem behavior and techniques to address concerns
- 2012 **Preschool Bullying March 21st, 2012**
Temple Emanuel in Cherry Hill, NJ
Presented on preschool behavior, normal development from birth to age 5, warning signs of problem behavior and techniques to address concerns
- 2011 **School Anxiety Disorders Presentation December 2nd, 2011**
Sequoia Alternative Program, Lenape Regional High School District
Presented on the field of child and adolescent psychiatric anxiety disorder, its effects on education, diagnosis and treatment options
- 2011 **NAMI NJ Educating the Educator Presentation September 2nd, 2011**
Quinton School Staff in Quinton, NJ
Presented on psychiatric disorders, diagnosis and treatment options
- 2011 **Child and Adolescent Psychiatry Overview September 1st, 2011**
Brookfield Academy Staff in Cherry Hill, NJ
Presented on the field of child and adolescent psychiatry, warning signs of mental illness, diagnosis and common childhood disorders

PRESENTATIONS (continued)

- 2011 **Concussion and Mental Health Lecture May 18th, 2011**
St. Joan of Arc School Marlton, NJ– Parent Teacher Association Meeting
Presented on concussions and the mental health implications of concussions
- 2011 **Concussion and Mental Health Lecture April 2nd, 2011**
Advocare LLC Pediatric Update - Continuing Medical Education Program at Virtua Health
Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment
- 2010 **Child and Adolescent Psychiatry Overview November 19th, 2010**
Lenape Regional High School District Child Study Team Department Meeting
Presented on the field of child and adolescent psychiatry, warning signs of mental illness, diagnosis and common childhood disorders
- 2010 **Child and Adolescent Psychiatry Overview October 11th, 2010**
Lenape Regional High School District Sequoia Alternative Program
Presented on the field of child and adolescent psychiatry, warning signs of mental illness, diagnosis and common childhood disorders
- 2010 **Concussion, Sports and Psychiatry Grand Rounds April 2nd, 2010**
Western Psychiatric Institute and Clinic in Pittsburgh, Pennsylvania
Presented on concussions, post concussive syndrome and the neuropsychiatric complications of mild traumatic brain injury
- 2009-2010 **Video Presentation on Concussion October 30th, 2009**
Allegheny Intermediate Unit, a branch of the Pennsylvania Department of Education
Presented on concussions including second impact syndrome and post concussive syndrome
- 2009 **Evidence-Based Psychotherapy Interventions for Treatment of Depression in the Elderly Presentation October 19th, 2009**
Veterans Administration Medical Center in Erie, Pennsylvania
Presented on cognitive behavioral therapy in patients with post traumatic stress disorder, traumatic brain injury and other special considerations
- 2009 **Resident Night Poster Presentation September 14, 2009**
Self assessed psychotherapy competence and interest in residency
Strauss A., Travis M. and Friedman E.
- 2009 **Annual WPIC Research Day Poster Presentation June 4, 2009**
Self assessed psychotherapy competence and interest in residency
Strauss A., Travis M. and Friedman E.

PRESENTATIONS (continued)

- 2009 **AADPRT Annual Meeting Poster Presentation March 11-15, 2009**
Self assessed psychotherapy competence and interest in residency
Strauss A., Travis M. and Friedman E.
- 2008 **Resident Night Poster Presentation September 15, 2008**
Self assessed psychotherapy competence in residents (pilot study)
Strauss A., Travis M. and Friedman E.
- 2007 **WPIC Wide Journal Club**
Presented “Glad for what TADS adds, but many TADS grads still sad and did some have less self-harm than they should have had”
Strauss A. and Brent D.

PUBLICATIONS

- 2015 **JAACAP Connect**
Chellew, C, Strauss A. Concussion: Not Just a Bump on the Head Assessment and Management of a Complex Population. *JAACAP Connect*. 2015; 2 (2): 12-16
- 2013 **Adolescent Psychiatry**
Strauss, A. Special Invited Article Concussion, Sports and Psychiatry. *Adolescent Psychiatry*. 2013; 4 (3): 307-315
- 2003 **Journal of General Internal Medicine - Abstract**
Makoul G, Strauss A. Building therapeutic relationships during patient visits. *J Gen Intern Med*. 2003; 18 (1): 275.

LEADERSHIP ACTIVITIES

- 2020-present **ISSP (International Society for Sports Psychiatry) Mentorship Chair**
Managing and developing mentorship opportunities for physicians interested in the field of sports psychiatry.
- 2013-present **Treasurer**
Regional Council American Academy of Child and Adolescent Psychiatry (AACAP)
- 2013 **Co-Chair Career Development Forum October 24th, 2013**
American Academy of Child & Adolescent Psychiatry 60th Annual Meeting
- 2012 **Co-Chair Career Development Forum October 25th, 2012**
American Academy of Child & Adolescent Psychiatry 59th Annual Meeting
- 2011-2014 **Co-Chair for Early Career Psychiatrists (ECPs)**
Regional Council American Academy of Child and Adolescent Psychiatry (AACAP)

LEADERSHIP ACTIVITIES (Continued)

- 2009-2010 **Chief Resident for Education and Chair of the Academic Administrative Clinical Educator Track (AACE) Track**
Organized resident educational activities and chaired the Academic Administrative Clinical Educator Track
- 2008-2009 **Chief -Vice Chair to the AACE Track**
Vice chair to the Academic Administrative Clinical Educator Track
- 2007-2008 **Vice President**
Western Psychiatric Institute and Clinic resident Vice President
- 2006-2007 **Class Representative**
Western Psychiatric Institute and Clinic PGY-2 representative
- 2005-2006 **Class Representative**
Western Psychiatric Institute and Clinic PGY-1 representative

PROFESSIONAL ACTIVITIES

- 2024-present **AACAP Financial Planning Group**
Member
- 2021-2024 **Social Media Campaign**
Supporting the New Jersey Pediatric Psychiatry Collaborative (NJPPC)
New Jersey Psychiatric Association
- 2018-present **ISSP (International Society for Sports Psychiatry) Mentor**
Supporting mentees in their development as sports psychiatrists
- 2014-2018 **AACAP Member of the Committee on Member Benefits**
Member of American Academy of Child and Adolescent Psychiatry committee on Member Benefits
- 2011-2023 **AACAP Mentor**
American Academy of Child and Adolescent Psychiatry Mentor
Mentor to local psychiatric residents interested in child and adolescent psychiatry.
- 2014-2015 **Assembly Delegate**
Regional American Academy of Child and Adolescent Psychiatry (AACAP)
- 2013 **Psychiatry Supervision for a Jefferson Psychosomatic Fellow**
Provided clinical supervision to a Jefferson Fellow

PROFESSIONAL ACTIVITIES (Continued)

- 2010-2013 **AACAP Member of the Committee on Medical Students & Residents**
Member of American Academy of Child and Adolescent Psychiatry committee on Medical Students and Residents
- 2009-2010 **PROCAP Resident Representative**
Resident representative to the Pittsburgh Regional Organization for Child and Adolescent Psychiatrists
- 2009-2010 **Curriculum Committee Representative**
Resident representative on the curriculum committee
- 2008-2010 **Robert Morris University Moonlighting**
Provided school and therapist consultation, evaluation/medication treatments to clients Robert Morris University
- 2008-2010 **Pittsburgh Pastoral Institute Moonlighting**
Provided consultation to therapists, evaluation/medication treatments to clients Pittsburgh Pastoral Institute
- 2008-2010 **Physician Advisory Committee Representative**
Resident representative for matters regarding electronic medical records Western Psychiatric Institute and Clinic
- 2008-2010 **Clinician Educator Committee Representative**
Resident representative to the faculty academic clinical educator track Western Psychiatric Institute and Clinic
- 2007-2010 **Psychotherapy Training Committee Representative**
Resident representative for matters regarding psychotherapy training Western Psychiatric Institute and Clinic
- 2007-2009 **Consultation-Liaison Moonlighting**
Provided consultation-liaison services to four community hospitals in Pittsburgh (UPMC Shadyside, Southside, St. Margaret's and Passavant Hospitals)
- 2007-2008 **Severe Emergency Shelter Volunteer**
Performed psychiatric evaluations and short term management Severe Emergency Shelters in Pittsburgh, PA
- 2007-2008 **Electronic Medical Record Committee Representative**
Resident representative for matters regarding the electronic medical record Western Psychiatric Institute and Clinic

PROFESSIONAL ACTIVITIES (Continued)

- 2006-2008 **Perspectives Dinners**
Co-founder of monthly dinners to discuss topics not taught during residency
- 2006-2010 **Resident Recruitment Interviews and Meals**
Western Psychiatric Institute and Clinic
- 2006-2007 **Medical Moonlighting**
Performed medical evaluations on psychiatric patients
Western Psychiatric Institute and Clinic

TEACHING ACTIVITIES

- 2024 **Psychiatry Tuesday April 23rd, 2024**
Collaborative Talk to Rowan Medical School Medical Students interested in Psychiatry
- 2024 **Starting a Private Practice Lecture Tuesday March 26th, 2024**
University of Medicine and Dentistry New Jersey (UMDNJ)
Robert Wood Johnson Medical School child and adolescent psychiatry fellows
Presented on transitioning from training to private practice
- 2023 **Sports Psychiatry: Trauma November 14th, 2023**
Temple University Athletics Department
Presented to the athletic department on trauma faced by athletes
- 2023 **Healthy Minds, Healthy Body: Preparing your Students for a Happy and Healthy School Year. October 3rd, 2023 Co-speaker with Helen Liljenwall, MD**
Duke Philadelphia Alumni
Community presentation and discussion
- 2023 **Starting a Private Practice Lecture Tuesday May 16th, 2023**
University of Medicine and Dentistry New Jersey (UMDNJ)
Robert Wood Johnson Medical School child and adolescent psychiatry fellows
Presented on transitioning from training to private practice
- 2023 **Sport Psychiatry: The Impact of Mental Health on Athletes, Injury and Recovery February 1st, 2023**
University of Kwa Zulu Natal Department of Psychiatry in Durban, South Africa
Presented to psychiatrists and psychiatric residents.
- 2022 **Sports Psychiatry: Challenges Faced by Transgender Athletes November 15th, 2022**
Temple University Athletics Department
Presented to the athletic department on burnout of coaches, staff and athletes

TEACHING ACTIVITIES (Continued)

- 2021 **Burnout November 16th, 2021**
 Temple University Athletics Department
 Presented to the athletic department on burnout of coaches, staff and athletes
- 2020 **Sports Related Concussion and Mental Health November 17th, 2020**
 Temple University Athletics Department
 Presented to the athletic department on the mental health aspects of post concussion
- 2020 **Concussion, Traumatic Brain Injury and Psychiatry Lecture August 27th, 2020**
 University of Medicine and Dentistry New Jersey (UMDNJ)
 Robert Wood Johnson Medical School child and adolescent psychiatry fellows
 Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment
- 2019 **Starting a Private Practice Lecture February 28th, 2019**
 University of Medicine and Dentistry New Jersey (UMDNJ)
 Robert Wood Johnson Medical School child and adolescent psychiatry fellows
 Presented on transitioning from training to private practice
- 2019 **Pediatric Concussion Inter-Disciplinary Grand Rounds February 15th, 2019**
 RowanSOM Rowan University School of Osteopathic Medicine
 Co-presenter on the mental health aspects of pediatric concussion
 West Deptford Pediatrics
 Presented to pediatricians medication for children with depression and anxiety
- 2018 **Decreasing Youth Violence: More Safety Presentation June 14th, 2018**
 Local Community
 Presented to the community on risk and protective factors regarding youth violence
- 2017 **Post Traumatic Stress Disorder and Oppositional Defiant Disorder October 3rd, 2017**
 Yorkship Family School teachers and staff
 Taught 30 minute class on PTSD and ODD
- 2017 **Starting a Private Practice Lecture April 18th, 2017**
 University of Medicine and Dentistry New Jersey (UMDNJ)
 Robert Wood Johnson Medical School child and adolescent psychiatry fellows
 Presented on transitioning from training to private practice
- 2017 **Psychopharmacology Update January 11th, 2017**
 Woodbury Family Practice Residents
 Taught a 1 hour class on atypical antipsychotics
- 2016 **Concussion, Traumatic Brain Injury and Psychiatry Lecture April 28th, 2016**
 Widener University Psychology Students
 Taught a 1.5hr class on TBI and mental health

TEACHING ACTIVITIES (Continued)

- 2015 **Fear and Anxiety in Adolescents Confirmation Class January 6th, 2015**
 Temple Emanuel 10th grade confirmation class
 Taught a 1.5 hour class on fear, anxiety and coping skills.
- 2014 **Starting a Private Practice Lecture December 23rd, 2014**
 University of Medicine and Dentistry New Jersey (UMDNJ)
 Robert Wood Johnson Medical School child and adolescent psychiatry fellows
 Presented on transitioning from training to private practice
- 2014 **Concussion, Traumatic Brain Injury and Psychiatry Lecture December 23rd, 2014**
 University of Medicine and Dentistry New Jersey (UMDNJ)
 Robert Wood Johnson Medical School child and adolescent psychiatry fellows
 Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment
- 2012 **Concussion, Traumatic Brain Injury and Psychiatry Lecture December 19th, 2012**
 Children's Hospital of Philadelphia (CHOP)
 Children's Hospital of Philadelphia (CHOP) child and adolescent psychiatry fellows
 Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment
- 2012 **Concussion, Traumatic Brain Injury and Psychiatry Lecture April 25th, 2012**
 Thomas Jefferson University
 Thomas Jefferson University child and adolescent psychiatry fellows
 Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment
- 2012 **Private Practice Psychiatry February 2nd, 2012**
 University of Pittsburgh Medical Center (UPMC) Western Psychiatric Institute and Clinic
 Western Psychiatric Institute and Clinic (WPIC) psychiatry residents and fellows
 Presented on transitioning from training to private practice
- 2011 **Concussion, Traumatic Brain Injury and Psychiatry Lecture November 30th, 2011**
 Children's Hospital of Philadelphia (CHOP)
 Children's Hospital of Philadelphia (CHOP) child and adolescent psychiatry fellows
 Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment
- 2011 **Child and Adolescent Post Traumatic Stress Disorder (PTSD) June 22nd, 2011**
 Crossroads Programs, Inc. Providers and Treatment Parents
 Presented on PTSD with a focus on the diagnosis and treatment of children and adolescents

TEACHING ACTIVITIES (Continued)

- 2011 **The Mental Game – Interactive Workshop June 8th, 2011**
 Bombers Baseball Medford, NJ
 Players ages 10 to 12 years old and their parents
 Presented on building confidence, a positive approach to the game and increased awareness to the obstacles that may get in our way
- 2011 **Concussion, Traumatic Brain Injury and Psychiatry Lecture March 22nd, 2011**
 University of Medicine and Dentistry New Jersey (UMDNJ)
 Robert Wood Johnson Medical School child and adolescent psychiatry fellows
 Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment
- 2010 **Concussion, Traumatic Brain Injury and Psychiatry Talk October 20th, 2010**
 Centra, P.C Staff Meeting
 Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment
- 2010 **Sports and Psychiatry Lecture March 24th, 2010**
 University of Pittsburgh in Pittsburgh, Pennsylvania
 Presented on mental illness in athletes to students of physical therapy and athletic training
- 2010 **Concussion Lecturer January 12th, 2010**
 St. Margaret's Hospital as part of the University of Pittsburgh Medical Center
 Lecture for family medicine residents on the psychiatric aspects of concussion
- 2008-2010 **Psychopharmacology Lecturer**
 Western Psychiatric Institute and Clinic
 Lectured psychology interns on mood stabilizers and antipsychotics
- 2008-2010 **Child and Adolescent Psychiatry Lecturer**
 Western Psychiatric Institute and Clinic
 Lectured 3rd year medical students about child and adolescent psychiatry
- 2007-2010 **Small Group Leader**
 University of Pittsburgh Medical School
 Taught 3rd Year University of Pittsburgh Medical School students psychiatry
- 2009 **1st Year Medical Student Patient Interviewing**
 Western Psychiatric Institute and Clinic
 Led group of medical students through the process of psychiatric interviewing

TEACHING ACTIVITIES (Continued)

- 2008-2009 **Co-leader of Resident as Teacher Workshop**
Western Psychiatric Institute and Clinic
Led psychiatry interns in 3 hour workshop on teaching techniques
- 2006 **Superuser Trainer**
UPMC Shadyside Hospital
Trained attending physicians in the use of the electronic medical record
- 2006 **Problem Based Learning Leader**
University of Pittsburgh Medical School
Taught 1st Year University of Pittsburgh Medical School students psychiatry

SUPPLEMENTAL EDUCATION DURING RESIDENCY

- 2010 **Counseling the Athlete Across the Life Span March 18th, 2010**
American Counseling Association Conference in Pittsburgh, Pennsylvania
- 2009 **PSY 430/530: Introduction to Sport & Exercise Psychology (observer)**
Chatham University class taught by Aimee Kimball, Ph.D.
- 2009 **Trauma-Focused Cognitive Behavioral Therapy for Traumatized Children & Their Families**
Allegheny General Hospital
- 2007 **BUS-240-NC60 Small Business Management 1**
Community College of Allegheny County class taught by Eric Wortzmam
- 2006-2007 **Psychodynamic Psychotherapy Training**
Year long course taught by the psychoanalytic institute in Pittsburgh
James T. McLaughlin Training Program
- 2006 **EMDR**
Level I training in Eye Movement Desensitization and Reprocessing (EMDR)
Western Psychiatric Institute and Clinic

ELECTIVE TRAINING

- 2010 **CABS Program with David Axelson MD and Boris Birmaher MD**
Evaluation and treatment of bipolar children
- 2009-2010 **STAR Program with David A. Brent MD**
Evaluation and treatment of depressed and suicidal adolescents at the Services for Teens at Risk (STAR) Center.

ELECTIVE TRAINING (Continued)

- 2009-2010 **Child and Adolescent ADHD Program with Oscar Bukstein MD**
Evaluation and treatment of children and adolescents with Attention Deficit Hyperactivity Disorder (ADHD), including National Collegiate Athletic Association (NCAA) specific evaluations and reports.
- 2009-2010 **Concussions in the child and adolescent with Mark Lovell PhD and Cara Reddy MD**
Training with neuropsychologists and physical medicine and rehabilitation physicians in the evaluation and treatment of post-concussive syndrome
- 2009-2010 **Psychodynamic and Play Therapy Eleanor Irwin PhD**
Psychodynamic and Play therapy treatment and training
- 2008-2010 **Medication Management for the Psychology Intern Program with Duncan Clark MD**
Patient evaluation/medication treatment with consultation for the psychology interns
- 2007-2010 **Psychodynamic Psychotherapy with Joseph Hinchliffe MD**
Treating multiple long term psychodynamic psychotherapy cases
- 2009 **Child and Adolescent Dual Diagnosis Program with Oscar Bukstein MD**
Treatment of children and adolescents with substance use disorders and other co-morbid mental illness.
- 2008-2009 **Family Therapy with Lenny Woods, LCSW**
Family therapy treatment and training
- 2008-2009 **IBD study with Eva Szigethy MD PhD**
Cognitive Behavioral Therapy (CBT) treatment for children with Inflammatory Bowel Disease
- 2007-2008 **Pittsburgh Action Against Rape**
Trauma therapy training and treatment
- 2007 **Adolescent Dual Diagnosis Group Therapy**
Group therapy co-leader for adolescents' with drug, alcohol and mental illness
- 2007 **University of Pittsburgh Counseling Center**
Evaluations and medication management for University of Pittsburgh students

CONSULTING AND CONTRACT WORK

- 2022-present **Consulting Sport Psychiatrist**
United States Olympic & Paralympic Provider
- 2021-2022 **Consulting Sport Psychiatrist**
Philadelphia 76ers
Camden, NJ
- 2012-present **Garfield Park Academy**
Psychiatric evaluation and medication management for students
- 2011-2019 **Brookfield School**
Psychiatric consultant to Brookfield Academy and Elementary Schools
- 2011-2013 **Crossroads Programs**
Psychiatric evaluation and medication management for children and adolescents in the foster care and group home setting

SPORT PSYCHIATRY APPROVED PROVIDER

- 2020 **United States Olympic & Paralympic Committee (USOPC)**
USOPC Mental Health Registry
- 2020 **National Football League Players Association (NFLPA)**
NFL Players Association Mental Health Clinician Directory

VOLUNTEER SUPPORT

- 2020-2021 **Physician Support Line**
Covid-19 on call resource for physicians nationwide

PROFESSIONAL MEMBERSHIPS

- 2011-present South Jersey Psychiatric Association
- 2010-present New Jersey Psychiatric Association
- 2007-present International Society for Sports Psychiatry (ISSP)
- 2003-present American Psychiatric Association (APA)
- 2003-present American Academy of Child & Adolescent Psychiatry (AACAP)

NON-PROFESSIONAL BOARD APPOINTMENTS

2020-present **Northwestern University Club of Philadelphia**
Membership chair 2021-2024
President 2024- current

2019-present **Sunnybrook Swim Club**
Covid liaison 2020-2022
President 2022- current

NON-PROFESSIONAL MENTORSHIP

2024 **Blue Devil Bridges Mentorship**
Student Mentorship Duke University

2020-2021 **Virtual Heart-to-Hearts Program**
Northwestern University Feinberg School of Medicine

2020 **Winter Break Mentorship**
Student Mentorship Duke University