3/11/2026

CURRICULUM VITAE

NAME: Alexander Sangor Strauss BIRTH DATE: 3/13/79

BUSINESS ADDRESS: Eastern Psychiatric, LLC
1930 E. Marlton Pike
Suite D19
Cherry Hill, NJ 08003

CITIZENSHIP: USA

BUSINESS PHONE: 856-830-5413 E-MAIL: drstrauss@alexstraussmd.com

EDUCATION, TRAINING AND EMPLOYMENT

UNDERGRADUATE:

1997-2001	**Duke University** Durham, NC	BS, Psychology, May 2001

MEDICAL SCHOOL:

2001-2005	**Feinberg School of Medicine** Northwestern University Chicago, IL	MD, May 2005

POST GRADUATE:

7/2005-6/2008	**Resident Adult Psychiatry** Western Psychiatric Institute & Clinic University of Pittsburgh Medical Center Pittsburgh, PA	*Program Director:* Michael Travis, M.D.
7/2008- 6/2010	**Fellow Child & Adolescent Psychiatry** Western Psychiatric Institute & Clinic University of Pittsburgh Medical Center Pittsburgh, PA	*Program Director:* Abigail Schlesinger, M.D.

EMPLOYMENT

11/2025-present	**Founder – Adult, Child, Adolescent and Sports Psychiatrist** Eastern Psychiatric, LLC Cherry Hill, NJ	
10/2018-present	**Consulting Sport Psychiatrist** Temple University Athletics Philadelphia, PA	
1/2012-11/2025	**Partner –Adult, Child and Adolescent Psychiatrist** Centra, P.C Marlton, NJ and Philadelphia, PA	
7/2010-12/2011	**Associate –Adult, Child and Adolescent Psychiatrist** Centra, P.C Marlton, NJ and Philadelphia, PA	
7/2010-10/2011	**Staff Physician On Call** University of Medicine and Dentistry New Jersey UMDNJ School of Osteopathic Medicine Cherry Hill, NJ	*Department Chair:* Geetha Kumar, M.D.

CERTIFICATION AND LICENSURE

MEDICAL LICENSURE

2010-present	CDS License	New Jersey
2010-present	DEA License	New Jersey
2009-present	MD License	New Jersey
2018-present	MD License	Pennsylvania
2018-present	DEA License	Pennsylvania

CERTIFICATION

2019	**Certificate of Additional Training in Sports Psychiatry** International Society for Sports Psychiatry (ISSP)
2011-current	**Board-Certified Child and Adolescent Psychiatry by the ABPN**
2010-current	**Board-Certified Psychiatry by the American Board of Psychiatry and Neurology** (ABPN)

HONORS

2026 **Top Physicians for Children**
South Jersey Magazine March 2026

2026 **Top Docs for Kids**
SJ Magazine March 2026

2025 **2025 Volunteer Faculty Award**
Rutgers Health Robert Wood Johnson Medical School Dept of Psychiatry

2025 **Top Physicians**
South Jersey Magazine July 2025

2024 **Top Docs Patient Poll**
SJ Magazine Sept 2024

2024 **Top Docs for Kids**
SJ Magazine March 2024

2023 **Top Docs for Kids**
SJ Magazine March 2023

2022 **Top Docs for Kids**
SJ Magazine March 2022

2021 **Top Docs Patient Poll**
SJ Magazine Sept 2021

2020 **Top Docs for Kids**
SJ Magazine March 2020

2019 **Top Docs for Kids**
SJ Magazine March 2019

2018-current **Member, Expert Advisory Panel**
New Jersey Psychiatric Association
Expert on Brain Injury, Sports Psychiatry, Psychotherapy, Child & Adolescent

2018 **Top Docs**
SJ Magazine September 2018

2018 **Top Docs for Kids**
SJ Magazine March 2018

HONORS (continued)

2017 **Top Docs**
SJ Magazine September 2017

2017 **Top Physicians**
South Jersey Magazine August 2017

2017 **Top Docs for Kids**
SJ Magazine March 2017

2017 **Outstanding Service Award**
Regional Council of Child and Adolescent Psychiatry

2016 **Top Docs**
SJ Magazine September 2016

2016 **Top Docs for Kids**
SJ Magazine March 2016

2015 **Distinguished Fellow (DFAACAP)**
American Academy of Child and Adolescent Psychiatry

2015 **Top Docs for Kids – SJ Readers Pick**
SJ Magazine March 2015

2014 **Fellow (FAPA)**
American Psychiatric Association

2010 **Outstanding Child Teaching Resident**
Western Psychiatric Institute and Clinic

2009-2010 **Academic Psychiatry Journal**
Manuscript reviewer

APPOINTMENTS

2014-current **Clinical Assistant Professor**
Department of Psychiatry at Rutgers Robert Wood Johnson Medical School

PRESENTATIONS

2025 **Sports Psychiatry: The Impact of Mental Health on Athletes, Injury and Recovery**
Grand Rounds Central Michigan University Thursday January 2nd, 2025

2024 **Psychopharmacology Update Friday May 3rd, 2024**
Presentation to the South Jersey Psychological Association

2024 **Sport Psychiatry: The Impact of Mental Health on Athletes, Injury and Recovery**
Grand Rounds Family Health Centers of San Diego Wednesday April 17th, 2024
Presented to psychiatrists, therapists and other health professionals

2023 **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management Workshop Wednesday October 25th, 2023**
American Academy of Child & Adolescent Psychiatry 70th Annual Meeting
Co-Presenter with Chair Jeffrey E. Max, MD and Raymond Pan, MD

2023 **Sport Related Concussion and Mental Illness**
Grand Rounds Friday February17th, 2023
Presented to St. Luke's University Health Network on Sport Psychiatry and Concussion

2022 **Training Institute Child Psychiatry and Mental Health**
Lecture Monday December 12th, 2022
Presented to 150+ Child Study Team clinicians from around the state of New Jersey

2022 **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management Workshop Friday October 22nd, 2022**
American Academy of Child & Adolescent Psychiatry 69th Annual Meeting
Co-Presenter with Chair Jeffrey E. Max, MD and Raymond Pan, MD

2022 **Sports Psychiatry: Challenges Faced By Bullied, Disabled and Transgender Student Athletes. Clinical Case Conference October 20th, 2022**
American Academy of Child & Adolescent Psychiatry 69th Annual Meeting
Co-Presenters: Carla Edwards, MD and Aaron Jeckell, MD

2022 **Sports Related Concussion & Mental Illness August 31st, 2022**
Jersey Shore University Medical Center Grand Rounds
Speaker

2022 **Sport Psychiatry: The Impact of Mental Health on Injury and Recovery**
January 26th, 2022
American Physical Therapy Association New Jersey
Speaker

2021 **Sports Related Concussion and Mental Illness December 14th, 2021**
Rutgers New Jersey Medical School Dept. of Psychiatry Grand Rounds Speaker

PRESENTATIONS (continued)

2021 **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management Workshop Friday October 29th, 2021**
American Academy of Child & Adolescent Psychiatry 68th Annual Meeting
Co-Presenter with Chair Jeffrey E. Max, MD

2021 **Sports Related Concussion and Mental Illness**
Speaker Series June 8th, 2021
New Jersey Psychiatric Association
Speaker

2021 **The Psychiatric Aspects of Sports Related Concussion and Mild Traumatic Brain Injury November 5th, 2020**
Advanced Recovery Systems
Speaker

2020 **Sports Psychiatry in Youth: Experiences and Challenges**
Special Interest Group Saturday October 24th, 2020
American Academy of Child & Adolescent Psychiatry 67th Annual Meeting
Co-Presenter with Raymond Pan, MD

2020 **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management Workshop Friday October 23rd, 2020**
American Academy of Child & Adolescent Psychiatry 67th Annual Meeting
Co-Presenter with Chair Jeffrey E. Max, MD

2020 **Sports Medicine Grand Rounds at Cooper University Hospital May 12th, 2020**
Sports Related Concussion and Mental Illness
Speaker

2019 **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management Workshop 19 Thursday October 17th, 2019**
American Academy of Child & Adolescent Psychiatry 66th Annual Meeting
Co-Presenter with Chair Jeffrey E. Max, MD

2018 **Starting a Private Practice Workshop Friday October 26th, 2018**
American Academy of Child & Adolescent Psychiatry 64th Annual Meeting
Chair of the workshop on private practice

2017 **We can See It Coming! Clinical Management of Violent Youth In The World of Outpatient Child and Adolescent Psychiatry Clinical Case Conference 8 Wednesday October 25th, 2017**
American Academy of Child & Adolescent Psychiatry 64th Annual Meeting
Chair of the clinical case conference on violent youth

PRESENTATIONS (continued)

2017 **Starting a Private Practice Workshop 16 Thursday October 26th, 2017**
American Academy of Child & Adolescent Psychiatry 64th Annual Meeting
Chair of the workshop on private practice

2017 **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management Workshop 20 Thursday October 26th, 2017**
American Academy of Child & Adolescent Psychiatry 64th Annual Meeting
Co-Presenter with Chair Jeffrey E. Max, MD

2016 **Starting a Private Practice Workshop 6 Wednesday October 26th, 2016**
American Academy of Child & Adolescent Psychiatry 63rd Annual Meeting
Chair of the workshop on private practice

2016 **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management Workshop 42 Saturday October 29th, 2016**
American Academy of Child & Adolescent Psychiatry 63rd Annual Meeting
Co-Presenter with Chair Jeffrey E. Max, MD

2015 **Starting a Private Practice Workshop 48 Saturday October 31st, 2015**
American Academy of Child & Adolescent Psychiatry 62nd Annual Meeting
Chair of the workshop on private practice

2015 **Traumatic Brain Injury: Psychiatric and Educational Diagnosis and Management Workshop 43 Saturday October 31st, 2015**
American Academy of Child & Adolescent Psychiatry 62nd Annual Meeting
Co-Presenter with Chair Jeffrey E. Max, MD

2015 **Sports Psychiatry Special Interest Study Group 15 Friday October 30th, 2015**
American Academy of Child & Adolescent Psychiatry 62nd Annual Meeting
Chair of the Special Interest Group on Sports Psychiatry and Sports-Related Concussion

2015 **Psychiatric Treatment of the Concussed Athlete January 11th, 2014**
The Eastern Athletic Trainers' Association 2015 Convention
Lectured on the mental health and treatment following concussion

2014 **Starting a Private Practice Workshop 29 October 24th, 2014**
American Academy of Child & Adolescent Psychiatry 61st Annual Meeting
Chair of the workshop on private practice

2014 **Concussion, Sports and Psychiatry Wednesday October 22nd, 2014**
American Academy of Child & Adolescent Psychiatry 61st Annual Meeting
Presented as a part of On and Off the Field: The Role of Sports in Child, Adolescent and Young Adult Development. Clinical Perspectives.

PRESENTATIONS (continued)

2014 **Treatment of the Psychiatric Component of a Concussion June 7th, 2014**
Rothman Institute at Jefferson Sports Medicine Symposium
Presented Breakout Session 1 to athletic trainers and physical therapists

2013 **Keys to Private Practice Workshop 29 October 25th, 2013**
American Academy of Child & Adolescent Psychiatry 60th Annual Meeting
Co-leader of the workshop on private practice

2013 **Mild Traumatic Brain Injury (Concussion) September 28th, 2013**
Neuropsychiatric Complications and Treatment Options
Child and Adolescent Psychotherapy and Psychopharmacology (CAPP) Conference
Regional Council of Child and Adolescent Psychiatry
Presented to psychiatrists on post-concussive syndrome and treatment options

2013 **Psychopharmacology Update April 26th, 2013**
Presentation to the South Jersey Psychological Association

2012 **Successful Transitions to Practice Member Service Forum 6 October 26th, 2012**
American Academy of Child & Adolescent Psychiatry 59th Annual Meeting
Presented on the topic of private practice

2012 **Keys to Private Practice Workshop #5 October 24th, 2012**
American Academy of Child & Adolescent Psychiatry 59th Annual Meeting
Co-leader of the workshop on private practice

2012 **Preschool Bullying September 4th, 2012**
M'Kor Shalom in Cherry Hill, NJ
Presented on preschool behavior, normal development from birth to age 5, warning signs of problem behavior and techniques to address concerns

2012 **NAMI NJ Educating the Educator Presentation June 28th, 2012**
NJ DFC School in Cherry Hill
Presented on psychiatric disorders, diagnosis and treatment options

2012 **Bullying and Teasing – No Laughing Matter May 1st, 2012**
Virtua's Child Development Center
Presented on preschool behavior, normal development from birth to age 5, warning signs of problem behavior and techniques to address concerns

2012 **Preschool Bullying March 21st, 2012**
Temple Emanuel in Cherry Hill, NJ
Presented on preschool behavior, normal development from birth to age 5, warning signs of problem behavior and techniques to address concerns

PRESENTATIONS (continued)

2011 **School Anxiety Disorders Presentation December 2nd, 2011**
Sequoia Alternative Program, Lenape Regional High School District
Presented on the field of child and adolescent psychiatric anxiety disorder, its effects on education, diagnosis and treatment options

2011 **NAMI NJ Educating the Educator Presentation September 2nd, 2011**
Quinton School Staff in Quinton, NJ
Presented on psychiatric disorders, diagnosis and treatment options

2011 **Child and Adolescent Psychiatry Overview September 1st, 2011**
Brookfield Academy Staff in Cherry Hill, NJ
Presented on the field of child and adolescent psychiatry, warning signs of mental illness, diagnosis and common childhood disorders

2011 **Concussion and Mental Health Lecture May 18th, 2011**
St. Joan of Arc School Marlton, NJ– Parent Teacher Association Meeting
Presented on concussions and the mental health implications of concussions

2011 **Concussion and Mental Health Lecture April 2nd, 2011**
Advocare LLC Pediatric Update - Continuing Medical Education Program at Virtua Health
Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment

2010 **Child and Adolescent Psychiatry Overview November 19th, 2010**
Lenape Regional High School District Child Study Team Department Meeting
Presented on the field of child and adolescent psychiatry, warning signs of mental illness, diagnosis and common childhood disorders

2010 **Child and Adolescent Psychiatry Overview October 11th, 2010**
Lenape Regional High School District Sequoia Alternative Program
Presented on the field of child and adolescent psychiatry, warning signs of mental illness, diagnosis and common childhood disorders

2010 **Concussion, Sports and Psychiatry Grand Rounds April 2nd, 2010**
Western Psychiatric Institute and Clinic in Pittsburgh, Pennsylvania
Presented on concussions, post concussive syndrome and the neuropsychiatric complications of mild traumatic brain injury

2009-2010 **Video Presentation on Concussion October 30th, 2009**
Allegheny Intermediate Unit, a branch of the Pennsylvania Department of Education
Presented on concussions including second impact syndrome and post concussive syndrome

PRESENTATIONS (continued)

2009 **Evidence-Based Psychotherapy Interventions for Treatment of Depression in the Elderly Presentation October 19th, 2009**
Veterans Administration Medical Center in Erie, Pennsylvania
Presented on cognitive behavioral therapy in patients with post traumatic stress disorder, traumatic brain injury and other special considerations

2009 **Resident Night Poster Presentation September 14, 2009**
Self assessed psychotherapy competence and interest in residency
Strauss A., Travis M. and Friedman E.

2009 **Annual WPIC Research Day Poster Presentation June 4, 2009**
Self assessed psychotherapy competence and interest in residency
Strauss A., Travis M. and Friedman E.

2009 **AADPRT Annual Meeting Poster Presentation March 11-15, 2009**
Self assessed psychotherapy competence and interest in residency
Strauss A., Travis M. and Friedman E.

2008 **Resident Night Poster Presentation September 15, 2008**
Self assessed psychotherapy competence in residents (pilot study)
Strauss A., Travis M. and Friedman E.

2007 **WPIC Wide Journal Club**
Presented "Glad for what TADS adds, but many TADS grads still sad and did some have less self-harm than they should have had"
Strauss A. and Brent D.

PUBLICATIONS

2015 **JAACAP Connect**
Chellew, C, Strauss A. Concussion: Not Just a Bump on the Head Assessment and Management of a Complex Population. *JAACAP Connect.* 2015; 2 (2): 12-16

2013 **Adolescent Psychiatry**
Strauss, A. Special Invited Article Concussion, Sports and Psychiatry. *Adolescent Psychiatry.* 2013; 4 (3): 307-315

2003 **Journal of General Internal Medicine - Abstract**
Makoul G, Strauss A. Building therapeutic relationships during patient visits. *J Gen Intern Med*. 2003; 18 (1): 275.

LEADERSHIP ACTIVITIES

2020-present **ISSP (International Society for Sports Psychiatry) Mentorship Chair**
Managing and developing mentorship opportunities for physicians interested in the field of sports psychiatry.

2013-present **Treasurer**
Regional Council American Academy of Child and Adolescent Psychiatry (AACAP)

2013 **Co-Chair Career Development Forum October 24th, 2013**
American Academy of Child & Adolescent Psychiatry 60th Annual Meeting

2012 **Co-Chair Career Development Forum October 25th, 2012**
American Academy of Child & Adolescent Psychiatry 59th Annual Meeting

2011-2014 **Co-Chair for Early Career Psychiatrists (ECPs)**
Regional Council American Academy of Child and Adolescent Psychiatry (AACAP)

2009-2010 **Chief Resident for Education and Chair of the Academic Administrative Clinical Educator Track (AACE) Track**
Organized resident educational activities and chaired the Academic Administrative Clinical Educator Track

2008-2009 **Chief -Vice Chair to the AACE Track**
Vice chair to the Academic Administrative Clinical Educator Track

2007-2008 **Vice President**
Western Psychiatric Institute and Clinic resident Vice President

2006-2007 **Class Representative**
Western Psychiatric Institute and Clinic PGY-2 representative

2005-2006 **Class Representative**
Western Psychiatric Institute and Clinic PGY-1 representative

PROFESSIONAL ACTIVITIES

2024-present **AACAP Financial Planning Group**
Member

PROFESSIONAL ACTIVITIES (Continued)

2021-2024 **Social Media Campaign**
Supporting the New Jersey Pediatric Psychiatry Collaborative (NJPPC)
New Jersey Psychiatric Association

2018-present **ISSP (International Society for Sports Psychiatry) Mentor**
Supporting mentees in their development as sports psychiatrists

2014-2018 **AACAP Member of the Committee on Member Benefits**
Member of American Academy of Child and Adolescent Psychiatry committee on Member Benefits

2011-2023 **AACAP Mentor**
American Academy of Child and Adolescent Psychiatry Mentor
Mentor to local psychiatric residents interested in child and adolescent psychiatry.

2014-2015 **Assembly Delegate**
Regional American Academy of Child and Adolescent Psychiatry (AACAP)

2013 **Psychiatry Supervision for a Jefferson Psychosomatic Fellow**
Provided clinical supervision to a Jefferson Fellow

2010-2013 **AACAP Member of the Committee on Medical Students & Residents**
Member of American Academy of Child and Adolescent Psychiatry committee on Medical Students and Residents

2009-2010 **PROCAP Resident Representative**
Resident representative to the Pittsburgh Regional Organization for Child and Adolescent Psychiatrists

2009-2010 **Curriculum Committee Representative**
Resident representative on the curriculum committee

2008-2010 **Robert Morris University Moonlighting**
Provided school and therapist consultation, evaluation/medication treatments to clients
Robert Morris University

2008-2010 **Pittsburgh Pastoral Institute Moonlighting**
Provided consultation to therapists, evaluation/medication treatments to clients
Pittsburgh Pastoral Institute

2008-2010 **Physician Advisory Committee Representative**
Resident representative for matters regarding electronic medical records
Western Psychiatric Institute and Clinic

PROFESSIONAL ACTIVITIES (Continued)

2008-2010 **Clinician Educator Committee Representative**
Resident representative to the faculty academic clinical educator track
Western Psychiatric Institute and Clinic

2007-2010 **Psychotherapy Training Committee Representative**
Resident representative for matters regarding psychotherapy training
Western Psychiatric Institute and Clinic

2007-2009 **Consultation-Liaison Moonlighting**
Provided consultation-liaison services to four community hospitals in Pittsburgh (UPMC Shadyside, Southside, St. Margaret's and Passavant Hospitals)

2007-2008 **Severe Emergency Shelter Volunteer**
Performed psychiatric evaluations and short term management
Severe Emergency Shelters in Pittsburgh, PA

2007-2008 **Electronic Medical Record Committee Representative**
Resident representative for matters regarding the electronic medical record
Western Psychiatric Institute and Clinic

2006-2008 **Perspectives Dinners**
Co-founder of monthly dinners to discuss topics not taught during residency

2006-2010 **Resident Recruitment Interviews and Meals**
Western Psychiatric Institute and Clinic

2006-2007 **Medical Moonlighting**
Performed medical evaluations on psychiatric patients
Western Psychiatric Institute and Clinic

TEACHING ACTIVITIES

2025 **Sports Related Concussion and Mental Health November 2025**
Temple University Athletics Department
Presented to the athletic department on the mental health aspects of post-concussion

2024 **Sports Psychiatry: Mental Health and Conference Realignment November 12th, 2024**
Temple University Athletics Department
Presented to the athletic department on trauma faced by athletes

2024 **Psychiatry Tuesday April 23rd, 2024**
Collaborative Talk to Rowan Medical School Medical Students interested in Psychiatry

TEACHING ACTIVITIES (Continued)

2024 **Starting a Private Practice Lecture Tuesday March 26th, 2024**
University of Medicine and Dentistry New Jersey (UMDNJ)
Robert Wood Johnson Medical School child and adolescent psychiatry fellows
Presented on transitioning from training to private practice

2023 **Sports Psychiatry: Trauma November 14th, 2023**
Temple University Athletics Department
Presented to the athletic department on trauma faced by athletes

2023 **Healthy Minds, Healthy Body: Preparing your Students for a Happy and Healthy School Year. October 3rd, 2023 Co-speaker with Helen Liljenwall, MD**
Duke Philadelphia Alumni
Community presentation and discussion

2023 **Starting a Private Practice Lecture Tuesday May 16th, 2023**
University of Medicine and Dentistry New Jersey (UMDNJ)
Robert Wood Johnson Medical School child and adolescent psychiatry fellows
Presented on transitioning from training to private practice

2023 **Sport Psychiatry: The Impact of Mental Health on Athletes, Injury and Recovery February 1st, 2023**
University of Kwa Zulu Natal Department of Psychiatry in Durban, South Africa
Presented to psychiatrists and psychiatric residents.

2022 **Sports Psychiatry: Challenges Faced by Transgender Athletes November 15th, 2022**
Temple University Athletics Department
Presented to the athletic department on burnout of coaches, staff and athletes

2021 **Burnout November 16th, 2021**
Temple University Athletics Department
Presented to the athletic department on burnout of coaches, staff and athletes

2020 **Sports Related Concussion and Mental Health November 17th, 2020**
Temple University Athletics Department
Presented to the athletic department on the mental health aspects of post concussion

2020 **Concussion, Traumatic Brain Injury and Psychiatry Lecture August 27th, 2020**
University of Medicine and Dentistry New Jersey (UMDNJ)
Robert Wood Johnson Medical School child and adolescent psychiatry fellows
Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment

TEACHING ACTIVITIES (Continued)

2019 **Starting a Private Practice Lecture February 28th, 2019**
University of Medicine and Dentistry New Jersey (UMDNJ)
Robert Wood Johnson Medical School child and adolescent psychiatry fellows
Presented on transitioning from training to private practice

2019 **Pediatric Concussion Inter-Disciplinary Grand Rounds February 15th, 2019**
RowanSOM Rowan University School of Osteopathic Medicine
Co-presenter on the mental health aspects of pediatric concussion
West Deptford Pediatrics
Presented to pediatricians medication for children with depression and anxiety

2018 **Decreasing Youth Violence: More Safety Presentation June 14th, 2018**
Local Community
Presented to the community on risk and protective factors regarding youth violence

2017 **Post Traumatic Stress Disorder and Oppositional Defiant Disorder October 3rd, 2017**
Yorkship Family School teachers and staff
Taught 30 minute class on PTSD and ODD

2017 **Starting a Private Practice Lecture April 18th, 2017**
University of Medicine and Dentistry New Jersey (UMDNJ)
Robert Wood Johnson Medical School child and adolescent psychiatry fellows
Presented on transitioning from training to private practice

2017 **Psychopharmacology Update January 11th, 2017**
Woodbury Family Practice Residents
Taught a 1 hour class on atypical antipsychotics

2016 **Concussion, Traumatic Brain Injury and Psychiatry Lecture April 28th, 2016**
Widener University Psychology Students
Taught a 1.5hr class on TBI and mental health

2015 **Fear and Anxiety in Adolescents Confirmation Class January 6th, 2015**
Temple Emanuel 10th grade confirmation class
Taught a 1.5 hour class on fear, anxiety and coping skills.

2014 **Starting a Private Practice Lecture December 23rd, 2014**
University of Medicine and Dentistry New Jersey (UMDNJ)
Robert Wood Johnson Medical School child and adolescent psychiatry fellows
Presented on transitioning from training to private practice

TEACHING ACTIVITIES (Continued)

2014 **Concussion, Traumatic Brain Injury and Psychiatry Lecture December 23rd, 2014**
University of Medicine and Dentistry New Jersey (UMDNJ)
Robert Wood Johnson Medical School child and adolescent psychiatry fellows
Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment

2012 **Concussion, Traumatic Brain Injury and Psychiatry Lecture December 19th, 2012**
Children's Hospital of Philadelphia (CHOP)
Children's Hospital of Philadelphia (CHOP) child and adolescent psychiatry fellows
Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment

2012 **Concussion, Traumatic Brain Injury and Psychiatry Lecture April 25th, 2012**
Thomas Jefferson University
Thomas Jefferson University child and adolescent psychiatry fellows
Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment

2012 **Private Practice Psychiatry February 2nd, 2012**
University of Pittsburgh Medical Center (UPMC) Western Psychiatric Institute and Clinic
Western Psychiatric Institute and Clinic (WPIC) psychiatry residents and fellows
Presented on transitioning from training to private practice

2011 **Concussion, Traumatic Brain Injury and Psychiatry Lecture November 30th, 2011**
Children's Hospital of Philadelphia (CHOP)
Children's Hospital of Philadelphia (CHOP) child and adolescent psychiatry fellows
Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment

2011 **Child and Adolescent Post Traumatic Stress Disorder (PTSD) June 22nd, 2011**
Crossroads Programs, Inc. Providers and Treatment Parents
Presented on PTSD with a focus on the diagnosis and treatment of children and adolescents

2011 **The Mental Game – Interactive Workshop June 8th, 2011**
Bombers Baseball Medford, NJ
Players ages 10 to 12 years old and their parents
Presented on building confidence, a positive approach to the game and increased awareness to the obstacles that may get in our way

2011 **Concussion, Traumatic Brain Injury and Psychiatry Lecture March 22nd, 2011**
University of Medicine and Dentistry New Jersey (UMDNJ)
Robert Wood Johnson Medical School child and adolescent psychiatry fellows
Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment

TEACHING ACTIVITIES (Continued)

2010 **Concussion, Traumatic Brain Injury and Psychiatry Talk October 20th, 2010**
Centra, P.C Staff Meeting
Presented on concussions, post concussive syndrome, the neuropsychiatric complications of traumatic brain injury and treatment

2010 **Sports and Psychiatry Lecture March 24th, 2010**
University of Pittsburgh in Pittsburgh, Pennsylvania
Presented on mental illness in athletes to students of physical therapy and athletic training

2010 **Concussion Lecturer January 12th, 2010**
St. Margaret's Hospital as part of the University of Pittsburgh Medical Center
Lecture for family medicine residents on the psychiatric aspects of concussion

2008-2010 **Psychopharmacology Lecturer**
Western Psychiatric Institute and Clinic
Lectured psychology interns on mood stabilizers and antipsychotics

2008-2010 **Child and Adolescent Psychiatry Lecturer**
Western Psychiatric Institute and Clinic
Lectured 3rd year medical students about child and adolescent psychiatry

2007-2010 **Small Group Leader**
University of Pittsburgh Medical School
Taught 3rd Year University of Pittsburgh Medical School students psychiatry

2009 **1st Year Medical Student Patient Interviewing**
Western Psychiatric Institute and Clinic
Led group of medical students through the process of psychiatric interviewing

2008-2009 **Co-leader of Resident as Teacher Workshop**
Western Psychiatric Institute and Clinic
Led psychiatry interns in 3 hour workshop on teaching techniques

2006 **Superuser Trainer**
UPMC Shadyside Hospital
Trained attending physicians in the use of the electronic medical record

2006 **Problem Based Learning Leader**
University of Pittsburgh Medical School
Taught 1st Year University of Pittsburgh Medical School students psychiatry

SUPPLEMENTAL EDUCATION DURING RESIDENCY

2010 **Counseling the Athlete Across the Life Span March 18th, 2010**
American Counseling Association Conference in Pittsburgh, Pennsylvania

2009 **PSY 430/530: Introduction to Sport & Exercise Psychology (observer)**
Chatham University class taught by Aimee Kimball, Ph.D.

2009 **Trauma-Focused Cognitive Behavioral Therapy for Traumatized Children & Their Families**
Allegheny General Hospital

2007 **BUS-240-NC60 Small Business Management 1**
Community College of Allegheny County class taught by Eric Wortzmam

2006-2007 **Psychodynamic Psychotherapy Training**
Year long course taught by the psychoanalytic institute in Pittsburgh
James T. McLaughlin Training Program

2006 **EMDR**
Level I training in Eye Movement Desensitization and Reprocessing (EMDR)
Western Psychiatric Institute and Clinic

ELECTIVE TRAINING

2010 **CABS Program with David Axelson MD and Boris Birmaher MD**
Evaluation and treatment of bipolar children

2009-2010 **STAR Program with David A. Brent MD**
Evaluation and treatment of depressed and suicidal adolescents at the Services for Teens at Risk (STAR) Center.

2009-2010 **Child and Adolescent ADHD Program with Oscar Bukstein MD**
Evaluation and treatment of children and adolescents with Attention Deficit Hyperactivity Disorder (ADHD), including National Collegiate Athletic Association (NCAA) specific evaluations and reports.

2009-2010 **Concussions in the child and adolescent with Mark Lovell PhD and Cara Reddy MD**
Training with neuropsychologists and physical medicine and rehabilitation physicians in the evaluation and treatment of post-concussive syndrome

2009-2010 **Psychodynamic and Play Therapy Eleanor Irwin PhD**
Psychodynamic and Play therapy treatment and training

2008-2010 **Medication Management for the Psychology Intern Program with Duncan Clark MD**
Patient evaluation/medication treatment with consultation for the psychology interns

ELECTIVE TRAINING (Continued)

2007-2010 **Psychodynamic Psychotherapy with Joseph Hinchliffe MD**
Treating multiple long term psychodynamic psychotherapy cases

2009 **Child and Adolescent Dual Diagnosis Program with Oscar Bukstein MD**
Treatment of children and adolescents with substance use disorders and other co-morbid mental illness.

2008-2009 **Family Therapy with Lenny Woods, LCSW**
Family therapy treatment and training

2008-2009 **IBD study with Eva Szigethy MD PhD**
Cognitive Behavioral Therapy (CBT) treatment for children with Inflammatory Bowel Disease

2007-2008 **Pittsburgh Action Against Rape**
Trauma therapy training and treatment

2007 **Adolescent Dual Diagnosis Group Therapy**
Group therapy co-leader for adolescents' with drug, alcohol and mental illness

2007 **University of Pittsburgh Counseling Center**
Evaluations and medication management for University of Pittsburgh students

CONSULTING AND CONTRACT WORK

2022-present **Consulting Sport Psychiatrist**
United States Olympic & Paralympic Provider

2021-2022 **Consulting Sport Psychiatrist**
Philadelphia 76ers
Camden, NJ

2012-present **Garfield Park Academy**
Psychiatric evaluation and medication management for students

2011-2019 **Brookfield School**
Psychiatric consultant to Brookfield Academy and Elementary Schools

2011-2013 **Crossroads Programs**
Psychiatric evaluation and medication management for children and adolescents in the foster care and group home setting

SPORT PSYCHIATRY APPROVED PROVIDER

2020 **United States Olympic & Paralympic Committee (USOPC)**
USOPC Mental Health Registry

2020 **National Football League Players Association (NFLPA)**
NFL Players Association Mental Health Clinician Directory

VOLUNTEER SUPPORT

2020-2021 **Physician Support Line**
Covid-19 on call resource for physicians nationwide

PROFESSIONAL MEMBERSHIPS

2011-present South Jersey Psychiatric Association
2010-present New Jersey Psychiatric Association
2007-present International Society for Sports Psychiatry (ISSP)
2003-present American Psychiatric Association (APA)
2003-present American Academy of Child & Adolescent Psychiatry (AACAP)

NON-PROFESSIONAL BOARD APPOINTMENTS

2020-2024 **Northwestern University Club of Philadelphia**
Membership chair 2021-2024
President 2024

2019-present **Sunnybrook Swim Club**
Covid liaison 2020-2022
President 2022- 2025
Board member 2026- present

NON-PROFESSIONAL MENTORSHIP

2024 **Blue Devil Bridges Mentorship**
Student Mentorship Duke University

2020-2021 **Virtual Heart-to-Hearts Program**
Northwestern University Feinberg School of Medicine

2020 **Winter Break Mentorship**
Student Mentorship Duke University